

# SOCCER GUIDELINES

## •#1 Priority is SAFETY

- Injury – stop play and have coach attend to the player
- Shin guards **MUST** be worn
- If the field is unsafe, do **NOT** play
- **Only registered coaches can be on the sidelines with the players during a game (Remind coaches prior to each game)**

## •The referee is in charge

## •The coach is responsible for their players and the parents behavior

## • Time = running time

- Referee may add time only for significant “lost” time during game - rare

**Play MUST be stopped for lightning**  
Play can resume 30 minutes after the last strike.

**NO Jewelry, earrings or casts allowed**  
**EVEN with a Doctor’s note!**

	U8	U10C	U10T	U12	U14
Players	4 v 4	6 v 6	6 v 6	8 v 8	11 v 11
Time periods	4 x 12	4 x 12	2 x 25	2 x 30	2 x 35
Ball	#3	#4	#4	#4	#5
Offside	No	No	No	Yes	Yes
Red/Yellow Cards	No	No	Yes	Yes	Yes
Penalty kicks	No*	No*	No*	Yes	Yes
Game report	No**	No**	MYSL	MYSL	MYSL

Special rules for city league games	
U8 City	Stop play immediately for ANY injury
	MYS does not keep score for U8
	Coaches are allowed on the field for the first 4 games
	Allow 2 <sup>nd</sup> chance for bad throw ins
U10 City	Stop play immediately for ANY injury
	Coaches are allowed near the goalkeeper for the first 4 games
	Allow 2 <sup>nd</sup> chance for bad throw ins

\*Place ball outside penalty area closest to the foul - direct kick awarded

\*\*Score is not kept for U8. U10 scores are reported by coaches